

SENIOR CITIZEN COMMISSION
MINUTES
Wednesday, October 28, 2020 - 12:00 p.m.
Nakaoka Community Center

The City of Gardena, in complying with the Americans with Disabilities Act (ADA), requests individuals who require special accommodations to access, attend and/or participate in the City meeting due to disability, to please contact the City Clerk's Office by phone (310) 217-9565 at least two business days prior to the scheduled meeting to ensure assistance is provided. Assistive listening devices are available.

1. Meeting Call to Order at 12:04 pm
2. Pledge of Allegiance was led by Commissioner C. Lynch.
3. Roll Call
 - a. Present Commissioners: M. Kirksey, P. Worthy, P. Evans, C. Lynch
 - b. Absent Commissioners: None
 - c. Also Present: C. Theobald
4. Approval of Minutes
 - a. September 23, 2020.
 - i. Commissioner Kirksey made a motion to approve the minutes. Commissioner Lynch seconded the motion. The motion was passed and carried.
5. Unfinished Business
 - a. C. Theobald will complete Council Agenda Item for the updated "Guidelines & Procedures for the Senior Citizens Commission" booklet.
6. New Business
 - a. C. Theobald will provide an update on the LA Found Program.
7. Commission Reports
 - a. Commissioner Lynch
 - i. 9/23/20: Attended Senior Commission Meeting
 - ii. 9/28/20 & 9/30/20: Wellenss Check calls for seniors
 - iii. 10/1/20: Attended CERT Zoom meeting
 - iv. 10/6/20: Attended COPCAP Zoom meeting
 - v. 10/10/20: Participated in CERT Parade- W ehad a small table of CERT preparedness items and literature at our home. Approximately 16 residents attended to ask questions, listen to presentations and receive literature. Ten more residents who did not attend, I made house calls and gave them literature.
 - vi. 10/7/20 & 10/10/20: Wellness Check calls for seniors
 - vii. 10/15/20 & 10/16/20: Wellness Check calls for seniors
 - viii. 10/22/20 & 10/23/20: Wellness Check calls for seniors
 - ix. 10/24/20: Volunteered at the Gardena Flap-jack Giveback put on by GPD.
 - b. Commissioner Kirksey
 - i. Purchased raffle tickets for "Wine Down Wednesdays" which supports the Senior Bureau's programs and won!
 - ii. Pipe burst at church.

- c. Commissioner Evans
 - i. Advising seniors on voting details
 - ii. Keeping in touch with 2nd Time Around Senior Club members and assisting with grocery shopping.
- d. Commissioner Worthy
 - i. Enjoying the wellness check calls.
 - ii. Will refer client who needs housekeeping services to Seniorr Bureau.
 - iii. 10/8/20: Donated blood at the UCLA Blood Drive.
 - iv. Voted early
- 8. Affiliated Committee on Aging Report
 - a. Next Meeting: November 18th, 2020 at 11:00am
 - i. Agenda will include election of officers and Helping Hands donation
- 9. Staff Report/Department Monthly Report – Christina Theobald
 - a. Approximately 420 seniors currently enrolled in C-1 (now enrolling) and C-2 (waitlist)
 - b. As of 10/19, both C-1 and C-2 are receiving 7 meals/week (C-1 until 12/31)
 - c. Wellness calls by Commissioners
 - d. Holiday Basket Raffle- proceeds to SB, tickets on CivicRec
 - e. Workout with Liz update-We will film next week when voting is over.
 - f. SDCC activity kits- 3 weeks have gone out so far
 - g. Gardena PD- Senior Fraud Resources from D. Searle
 - h. Update on Councilmember Francis' appointment
 - i. SBCCOG Homeshare Program in partnership with Silvernest
 - i. Next SBCCOG meeting 12/1/20
 - j. Guidelines and Procedures booklet update.
 - k. Holiday Giveaways: Halloween, Veterans Day, Thanksgiving, Christmas
 - l. Mandatory Zoom Ethics Training- November 9th 2-4pm or Nov. 16th 6-8pm.
 - i. In-person Zoom at NCC aud. on the 9th
 - m. Updated promotional materials will be distributed to all Commissioners.
- 10. Oral Communications
 - a. None
- 11. Written Communications
 - a. None
- 12. Announcements
 - a. None
- 13. Next Meeting: Wednesday, November 18, 2020, 12:00 pm (At Nakaoka Community Center)
- 14. Adjournment:
 - a. Commissioner Lynch made a motion to adjourn the meeting. Commissioner Evans seconded the motion. The motion was passed and carried.
 - b. The meeting adjourned at 12:54 p.m.

Respectfully Submitted



Christina Theobald